



Steffy White

Yoga-Teacher and Content creator

Hosting sell out retreats worldwide, fully booked classes in London and with an ever growing online yoga platform, Steffy is a massively accomplished yoga teacher. Reaching over 500 hours of study with her teachers in India, she is passionate about sharing all that she has learnt and continues to learn so that more people can have the tools to live a healthier and happier life. With high profile students such as Deliciously Ella and Madeleine Shaw, her own studio and branded yoga style on the horizon, not to mention being recently named London's number one yoga teacher to follow, the future looks bright.